

**20.40200 FOUNDATIONS OF FAMILY AND CONSUMER  
SCIENCES II**

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The following individuals provided valuable service in the development of Georgia's competency-based curriculum framework for Foundations of Family and Consumer Sciences II.

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## **CORE EMPLOYABILITY SKILLS**

### **BASIC SKILLS**

1. Locates, understands, and interprets written information in a variety of formats, including such documents as manuals, graphs, reports, and schedules.
2. Communicates thoughts, ideas, information, and messages in writing and technologically, and creates documents such as letters, directions, manuals, reports, graphs, and flowcharts.
3. Performs and applies numerical concepts and calculations, and solves problems by choosing appropriately from a variety of mathematical techniques using mental, manual, and technological methods.
4. Receives, interprets, and responds to verbal and nonverbal messages in a manner appropriate to a given situation.
5. Organizes ideas and communicates orally in a clear, concise, and courteous manner.

### **THINKING SKILLS**

6. Specifies goals, objectives, constraints, and supporting factors.
7. Identifies problems, alternative solutions, consequences of alternative solutions, and uses appropriate techniques to resolve given problems.
8. Implements a plan of action making modifications as needed to achieve stated objectives.
9. Uses effective learning techniques to acquire and apply new knowledge and skills.

### **PERSONAL QUALITIES**

10. Assesses self accurately, sets personal goals, monitors progress, and exhibits self-control.
11. Chooses ethical courses of action.
12. Takes initiative to accomplish tasks in a timely manner.
13. Exerts a high level of effort and perseveres towards goal attainment.
14. Demonstrates adaptability, dependability, and responsibility and such social behaviors as tolerance, honesty, empathy, and courtesy.

### **INTERPERSONAL SKILLS**

15. Participates and interacts as a team member and leader.
16. Shares knowledge and skills with others.
17. Performs effectively in various environments with people of different ages, genders, cultures, socio-economic backgrounds, attitudes, and abilities.

18. Works to satisfy customer/client expectations.
19. Uses strategies appropriate to a given situation to prevent and resolve conflicts.

### **RESOURCES**

20. Selects goal-relevant activities, prioritizes them, manages time, and prepares and follows schedules.
21. Uses or prepares budgets, makes projections, keeps records, and makes adjustments to meet objectives.
22. Acquires, stores, allocates, and uses materials and space efficiently.

### **TECHNOLOGY**

23. Prevents, identifies, or solves problems with technical or electronic equipment.
24. Operates and maintains technical equipment and the work environment safely following applicable industry regulations and guidelines.
25. Utilizes a variety of technologies.

### **BUSINESS ASPECTS**

26. Demonstrates understanding of basic economic concepts and how they are applied in business functions and activities.
27. Identifies forms of business ownership.
28. Demonstrates understanding of the scope of a business, its place within an industry, and the interrelationship of its parts.
29. Demonstrates understanding of the individual's role, responsibilities, and relationships in the organizational structure of a business.
30. Maintains safety, health, and environmental standards, and addresses ergonomic concerns.

### **CAREER DEVELOPMENT**

31. Makes potential career decisions based upon interests, abilities, and values and formulates appropriate plans to reach career goals.
32. Demonstrates understanding of the relationship between educational achievement and career planning and how career choices impact family patterns and lifestyle.
33. Demonstrates effective skills for seeking and securing employment.
34. Demonstrates understanding of education and career development as a lifelong learning process which requires preparation for change.

## **20.40200 FOUNDATIONS OF FAMILY AND CONSUMER SCIENCES II**

**PREREQUISITE:** 20.40101 Foundations of Family and Consumer Sciences

**LEVEL:** 10-12 Grades

**COURSE DESCRIPTION:** Foundations of Family and Consumer Sciences II is a comprehensive foundation course and includes classroom instruction and laboratory experience. The curriculum is student-centered with emphasis on hands-on involvement focused on practical problem solving skills in real-life applications. Areas of study include: career, community, and family connections; consumer and family resources; consumer services; early childhood, education, and services; family; family and community services; housing, interiors and furnishings; human development; interpersonal relationships; nutrition and wellness; parenting; and textiles and apparel.

### **CAREER, COMMUNITY, AND FAMILY CONNECTIONS**

35. Analyze strategies to manage multiple individual roles and responsibilities.
36. Analyze the impact of social, economic, and technological change on work and family dynamics.
37. Demonstrate transferable employability skills in classroom, community and workplace settings.
38. Demonstrate job seeking and job keeping skills.
39. Demonstrate understanding of community and civic responsibilities, volunteerism, volunteer management and recognition, and social service projects.
40. Apply communications skills in classroom, community and workplace settings.
41. Demonstrate teamwork skills in classroom, community and workplace settings.
42. Demonstrate work ethics and professionalism in the classroom, community, and workplace.

### **CONSUMER AND FAMILY RESOURCES**

43. Analyze the management and planning process.
44. Examine the process that individuals use to make choices to satisfy needs and wants.
45. Evaluate how conserving, reusing, and recycling resources helps to maintain the environment.
46. Analyze policies that support consumer rights and responsibilities.
47. Evaluate the impact of technology on individual and family resources.
48. Apply management principles to individual and family financial practices and financial resources to meet the goals of individuals and families across the life span.

### **CONSUMER SERVICES**

49. Integrate knowledge, skills, and practices required for careers and career paths in consumer services.
50. Determine the impact of consumers' credit in long-term financial planning.

51. Explore consumer programs provided by government, public utilities, recycling, and environment organizations.
52. Demonstrate strategies and practices to conserve energy and reduce waste.
53. Examine the labeling, packaging, and support materials of consumer goods.

### **EARLY CHILDHOOD, EDUCATION, AND SERVICES**

54. Integrate knowledge, skills, and practices required for careers and career paths in early childhood, education, and services.
55. Demonstrate appropriate developmentally practices and child development theories when planning for children.
56. Demonstrate a safe and healthy learning environment for children.
57. Demonstrate techniques for positive collaborative relationships with children.

### **FAMILY**

58. Analyze the family as the basic unit of society.
59. Examine the role of family in transmitting societal expectations.
60. Analyze the impact of global influences on today's families.
61. Explore the ways family and consumer sciences careers assist the work of the family.
62. Examine the effect and impact of single parent families.
63. Analyze the effect and impact of multiple and cultural diversities on individuals and families.

### **FAMILY AND COMMUNITY SERVICE**

64. Integrate knowledge, skills, and practices required for a career in family and community services.
65. Examine local, state, and national agencies and informal support resources providing human services.
66. Analyze ways in which individuals effect and impact the family financially, socially, and emotionally with a variety of disadvantaging conditions.

### **HOUSING, INTERIORS AND FURNISHINGS**

67. Determine the career paths available in housing, interiors and furnishings.
68. Integrate knowledge, skills, and practices required for careers in housing, interiors and furnishings industry.
69. Plan, design, and implement a project in housing or interiors or furnishings.
70. Analyze alterative construction methods that reduce environmental impact.
71. Evaluate law and codes that protect health, safety and welfare of individuals.
72. Evaluate housing decisions in relation to available resources and options.
73. Demonstrate design ideas through visual presentation.
74. Apply the decision making process to a consumer choice in housing, interior or furnishings.
75. Demonstrate computer-aided drafting design, blueprint reading, and space planning

skills required for the housing, interiors and furnishings industry.

## **HUMAN DEVELOPMENT**

76. Examine physical, emotional, social, and intellectual development.
77. Examine interrelationships among physical, emotional, social, and intellectual aspect of human growth and development.
78. Investigate the impact of social, economic, technological forces, heredity and environment on individual growth and development.
79. Examine the effects of life events on individuals' physical and emotional development.
80. Analyze strategies that promote growth and development across the life span.

## **INTERPERSONAL RELATIONSHIPS**

81. Analyze effects of interpersonal relationships on success in the family and workplace.
82. Examine processes for building and maintaining interpersonal relationships.
83. Analyze the impact of personal standards and codes of conduct on interpersonal relationships.
84. Analyze the impact of various stages of family life cycle on interpersonal relationships.
85. Determine stress management strategies for family, work and community settings.
86. Examine the impact of personal characteristics on relationships.
87. Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
88. Analyze communication styles and their effects on relationships.
89. Demonstrate effective conflict prevention and management techniques.
90. Determine how similarities and differences among people determine the outcomes of conflict prevention and management.
91. Evaluate alternative dispute resolution strategies as part of conflict management.
92. Choose effective responses to harassment.
93. Compare physical, emotional, and intellectual responses in stable and unstable relationships.
94. Assess community resources that support conflict prevention and management.
95. Demonstrate teamwork and leadership skills in the family, workplace, and community.
96. Demonstrate techniques that develop team and community spirit.
97. Demonstrate ways to organize and delegate responsibilities.
98. Demonstrate processes for cooperating, compromising, and collaborating.

## **NUTRITION AND WELLNESS**

99. Analyze nutrition and wellness practices that enhance individual and family well-being.
100. Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.
101. Assess the effect of nutrients on health, appearance, and peak performance.
102. Assess the impact of food and diet fads, food addictions, and eating disorders on wellness.
103. Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically



- pleasing food.
104. Evaluate factors that affect food safety, from production through consumption.
  105. Determine conditions and practices that promote safe food handling.
  106. Evaluate the impact of science and technology on food composition, safety, and other issues.
  107. Demonstrate food safety and sanitation procedures.

## **PARENTING**

108. Identify and analyze expectations, roles and responsibilities of parenting.
109. Evaluate parenting practices that maximize human growth and development.
110. Analyze the impact of prenatal exposure to drugs.
111. Examine biological processes related to prenatal development, birth and health of child and mother.

## **TEXTILES AND APPAREL**

112. Integrate knowledge, skills, and practices required for careers and career paths in textiles and apparel design industry.
113. Evaluate elements of textiles and apparel merchandising.
114. Implement decisions about purchasing, creating and maintaining clothes.
115. Examine the ways in which fabric, texture, and pattern can affect visual appearance.
116. Demonstrate skills, using a variety of equipment, tools, and supplies, needed to alter, care and repair textiles products and apparel.